

MARCH 2018



Spinners Monthly Newsletter



Major Taylor Cycling Club Of KC

Hillstreet Spinners

Hill Street Spinners 2018 Cycling Season!



We are extremely glad and happy as a club to welcome you back to the upcoming 2018 Cycling Season. Our goal is to provide the opportunity for people of all riding abilities the opportunity to join and ride with an organization that takes great pleasure in the sport of cycling, the continued development of riders young and old and the

support of their personal goals through cycling.

This issue:

MAR 2018 v.1

The next MTCCCKC Club meeting is scheduled on March 17th, 2:30pm to 3:30pm

Club Member Recognition

We want to thank these members for renewing their yearly memberships in February and March 2018. Your efforts, contributions, and support to the club are not taken lightly nor for granted.

As a member of the Major Taylor Cycling Club of Kansas City, you will be receiving a "Welcome Package" which will outline the club's bylaws and benefits of being a member of our club.

[Laura Antonic](#), [David Makkers](#), [Joseph Reese](#) and [Jeffrey McDaniel](#)

Our Member Spot Light of the Month is on "Brendan O'Reilly".

In this session will we introduce you to a new member or an existing member of the Major Taylor Cycling Club of Kansas City of Kansas City that you can get to know.

Brendan joined the Major Taylor Cycling Club of Kansas City in 2017. He has volunteered and voted in to be the clubs new Treasurer. He is originally from Lincoln, England. It's a city of 100,000 people, 150 miles north of London.

What brought you to Kansas City Mo? I was working and living in South Africa for Black and Veatch, when that project ended they offered me a job here - back in October 2015.

What industry do you work in?

I work on the Power side of Black and Veatch, where we are involved in the construction of power plants.

why did you join the club? I saw a poster and inquired about club rides, the Wednesday ride was perfect for me and everyone was very welcoming.

What do you want to see the club do in the community or be a part of? I would love to see the club

grow and increase membership, especially within disadvantaged communities of KC.

What is your goal as the treasurer of the club? *To grow the club and meet member needs, all within our budget!*

What is your favorite thing to do? *Drink coffee, ride my bike and spend time with my wife Rachel and twin boys Gabriel and Francis*

What is unique about you? *Living in Europe meant I got the opportunity to go and watch the Tour de France many times. The effort, dedication, and spirit of those pro riders are immense.*

Pet Peeve: *Bad drivers*



Pro Cycling Update

The transition into Spring signifies the start of the pro cycling calendar, with a host of European road races - which many of the riders and teams will be using to prepare for the Tour de France, scheduled for July 7 to July 29.

Paris - Nice is a 745 mile, 8 stage race, starting 4th March. It starts in rolling countryside as the race heads south, hence it's nickname "race to the sun". An 11-mile time trial breaks up the race at stage 4, then the riders head towards the mountains. Stage 7, Nice - Valdeblore La Colmiane, looks to be the toughest, finishing on a 9-mile climb, with an average gradient of 6%.

You can catch the races on NBC sports <http://www.nbcsports.com/cycling-schedule>, find schedules, previews and highlights at Steephill TV <http://www.steePhill.tv>, or stream live racing at Tiz Cycling

<http://tiz-cycling.stream> Other races this month include:

Tirreno- Adriatico (March 7 to 13)

Milan - San Remo (March 17)

Spotlight on ...

Weekly Email Newsletter

amazonsmile

 **BICYCLE
TIMES**

Shop on Amazon Smile and Amazon will donate to the Major Taylor Cycling Club of Kansas City on your behalf

[How to Use Amazon Smile.docx](http://smile.amazon.com/ch/31-1772381)
<http://smile.amazon.com/ch/31-1772381>

Bicycle Times Magazine Member subscription.

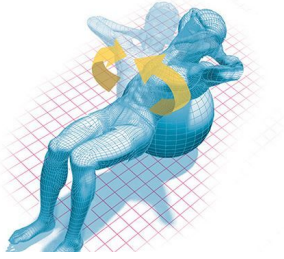
<http://bicycletimesmag.com/>



Family Bicycles and the Brookside St. Patrick's Day Parade

<https://www.facebook.com/events/2070171236343100/>





Core Exercises to Improve Power on the Bike

<http://www.active.com/cycling/articles/core-exercises-to-improve-power-on-the-bike>

9 Mistakes to Avoid on the Bike

<http://www.active.com/cycling/articles/9-mistakes-to-avoid-on-the-bike>

Major Taylor Summit Weekend 2018

Major Taylor Cycling Club Chicago

Friday, July 6, 2018 at 4:00 PM - Sunday, July 8, 2018 at 12:00 PM

<https://www.eventbrite.com/e/major-taylor-summit-weekend-2018-tickets-42145844355>

Copyright © 2018 {Major Taylor Cycling Club of Kansas City}. All rights reserved.
Contact email: Hillstreetspinnerskc@gmail.com

You are receiving this message because you opted in at <http://hillstreetspinnerskc.com/>

[Unsubscribe](#)